Immunization, Health History, and Physical Examination Information

College of Osteopathic Medicine

Dear Student,

A complete Health History and Physical Examination is required prior to matriculation at Touro University California. Proof of immunity through serum blood titers must be provided to the following communicable diseases:

The following is a list of all health related documents that are mandatory and required prior to matriculation:

- Hepatitis B- Series requested and B Surface Antibody Titer Quantitative required
- Measles (Rubeola)- Series requested and positive Antibody titer required
- Mumps- Series requested and positive antibody titer required
- Rubella- Series requested and positive antibody titer required
- Varicella- series/disease date requested and positive antibody titer required
- Current vaccination with TDAP (tetanus/diphtheria/pertussis) is required, must be within 10 years.
- Flu Vaccine-Annually
- Initial TB Screen & Symptom Survey
- If PPD (+) - CXR required upon entrance of 1st and 3rd year.
- Physical Examination- Annually

Please complete TB screening between June 1st and June 25th. TB screening results must be returned no later than June 30th.

- PPD- 2 Step required annually* The COM 2 step PPD consist of two separate PPD’s placements and readings. The procedure for the 2 step PPD is as follows:
  - **Step 1:** PPD1 is placed on day one then read within 48-72 hours and documented in mm of induration.
  - **Step 2:** PPD2 is placed 7-18 days after PPD2 is placed then read within 48-72 hours and documented in mm of induration. Both steps must be completed within 21 days.

*Refer to the www.CDC.gov website for additional information.

See the associated forms for detailed information related to communicable disease clearance, including the type of titers your Health Care Provider should order. Clear and legible copies of your immunizations only will be accepted (aka, vaccination, shot, or childhood disease records).
Any additional pertinent information will be handled in compliance with HIPAA regulations related to protected health information.

The following is a list of all health related documents that are required:

1. Student Information (FORM A)
2. Health History (FORM B) page 2 of PE
3. Physical Examination (FORM C) *Your Health Care Provider must sign this form
4. TB Symptom Checklist (FORM D) *Your Health Care Provider must sign this form
5. Authorization for Release of Communicable Disease Clearance Information to Clinical Rotation (FORM F) *Please be sure to sign
6. Immunization Records (copies preferred)
7. Laboratory Results (serum blood titers) *Titers can be no more than 5 years old and must be on laboratory letterhead.

TB Screening (PPD skin tests and or chest x-ray results) must be completed between June 1st and June 25th. Please turn in completed TB screening results no later than June 30th.

Forms A through F, including all immunization records and serum titers must be returned no later than 30 days post acceptance to:

Touro University
Student Health Center
1310 Club Drive
Wilderman Hall Room 114
Vallejo, CA 94592
Email: tuc.studenthealth@tu.edu

Please call Student Health at (707) 638-5220 if accepted to program after June 1st.

*Please mail, hand deliver or email your documents in PDF form to tuc.studenthealth@tu.edu. Thank you very much for your cooperation. We look forward to seeing you in August.