Congratulations and welcome incoming COM students! The Student Health Center must receive clear and legible health documents **30 days after the date of your acceptance letter date.** This one page checklist summarizes the health requirements of the College of Osteopathic Medicine (COM) for your convenience. More information and helpful tips can be available at the student health website for Entering Students at [http://studentservices.tu.edu/studenthealth/forms.html](http://studentservices.tu.edu/studenthealth/forms.html). The following documents are required and cannot be waived, (childhood vaccinations are strongly recommended):

1. **Health Forms required 30 days after your acceptance letter:**
   - Form A - Student Information
   - Form B - Health History – Page 1 of PE reviewed by your primary care provider (PCP)
   - Form C - Physical Examination – Completed and signed by your PCP
   - Form D - TB Screen & Symptom Survey, Page 1 and 2-step PPD page 2 – See TB Clearance documentation
   - Form F - Authorization for Release of Communicable Disease Clearance Information to Clinical Rotation

2. **Positive lab titers: Required 30 days after the date of your acceptance letter.** Copies of the following lab titers must be on lab letterhead from the lab performing the test and have been collected within the last 5 years. For any negative or equivocal titers, send your results and documentation that you have restarted the vaccination series.
   - Positive Quantitative (numerical) Hepatitis B Surface Antibody Titer – CPT code 86317
   - Positive Measles Lab Antibody Titer
   - Positive Mumps Lab Antibody Titer
   - Positive Rubella Lab Antibody Titer
   - Positive Varicella Lab Antibody Titer

3. **TB Clearance documentation**
   - Form D - Initial TB Screen, Symptom Survey & 2 step PPD signed by your PCP and completed between June 1 and June 25. The 2 Step PPD consist of two separate PPD’s placements and readings in the following procedure:
     - **Step 1:** PPD1 is placed on day one and read within **48-72 hours** and documented in mm of induration.
     - **Step 2:** PPD 2 is placed **7-18 days after Step 1 PPD is placed** and read within 48 to 72 hours in mm of induration. Both PPDS must be completed within **21 days**.
     - If you have had the BCG vaccination without a subsequent positive PPD, you are to obtain a two-step PPD. If either PPD is positive, a current chest x-ray is required. A QuantiFERON Gold test may be required.
     - If you had a positive PPD in the past, submit a current chest x-ray report obtained within the last 6 months to a year. Provide documentation of your past positive PPD reading in mm of induration and any treatment recommended by your PCP for latent TB infection (LTBI). If a past positive PPD document is not available, you may need a 2 step PPD test and or a current QuantiFERON TB Gold test. Call the Student Health Center and ask for the Nurse Practitioner for further guidance.

4. **Immunizations:**
   - Required - Adult TDap Vaccination (tetanus, diphtheria & pertussis) obtained within the last 10 years
   - Required - Flu Vaccination within the last year
   - Recommended: Childhood Hepatitis B 3 dose Vaccination Series & any Repeated Vaccinations Series
   - Recommended: Childhood MMR (2 vaccinations) and any additional MMR Boosters.
   - Recommended: Childhood Varicella Vaccination or documentation of disease date

Please call or email the Student Health Center with any questions. For more information about COM health requirements, go to the Student Health website for Entering Students: [http://studentservices.tu.edu/studenthealth/forms.html](http://studentservices.tu.edu/studenthealth/forms.html) Please drop off, mail or email clear legible PDF copies of your documents to:

**Touro University California, Student Health Center**

1310 Club Drive, Wilderman Hall, room 114, Vallejo, CA 94592 Ph: 707-638-5220

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