

## College of Osteopathic Medicine

### Pre-Matriculation Immunization and Health Requirements

A complete Physical Examination including a Health History and proof of immunity to communicable diseases through serum blood titers is mandatory and required prior to matriculation at Touro University California. Below is a list of the health requirements of students entering the College of Osteopathic Medicine.

- **Hepatitis B** – Series requested and **Quantitative** Hepatitis B Surface Antibody Titer **required**
- **Measles (Rubeola)** – Series requested and positive **Quantitative** Antibody titer **required**
- **Mumps** – Series requested and positive **Quantitative** antibody titer **required**
- **Rubella** – Series requested and positive **Quantitative** antibody titer **required**
- **Varicella (chicken pox)** – Series/disease date requested and positive **Quantitative** antibody titer **required**
- **TDAP** – tetanus/diphtheria/acellular pertussis booster **administered within past 10 years.**
- **COVID-19** – Documentation of a completed Pfizer or Moderna two shot series or Johnson and Johnson vaccination.
- **Physical Examination** – All areas on **FORM B** must be filled in and completed. The PE must be administered within the past 12 months, signed and dated by your PCP or medical professional. The PE is required annually with a renewal date 1 year from the date of the last exam.
- **Initial TB Screen & Symptom Survey, Form C** - Submit a symptom free Initial TB Screen & Symptom Survey administered within the past 6 months.
- **Tuberculosis** - TB documents must be administered within the last 12 months and renewed annually.

Entering students must submit one of the following:

- Negative one-step PPD skin test (completed between 7/01 and 8/01 of the current year). Results must be documented in **mm of induration** and include the date with time placed and read. **Please use Form D.** The document must be stamped by the provider or clinic providing the service. **OR**
- Negative QuantiFERON TB Gold blood test **OR**
- Negative T-Spot blood test **OR**
- **If positive**, submit all of the following:
  - Negative chest X-ray report administered within the past 6 months ( A negative CXR report is required upon entrance of 1<sup>st</sup> and 3<sup>rd</sup> year) **AND**
  - Documentation of the past positive PPD test **AND**
  - Documentation of INH Therapy **OR** a Negative IGRA blood test
  - Documentation **MUST** be submitted on the **Form C** available for download for this requirement.
  - ( There are additional 2 Step PPD Requirements **for 2<sup>nd</sup> Year** Students in the College of Osteopathic Medicine)

The following is a list of all required health related documents

- **Form A -Student Information**
- **Form B -Physical Examination and Medical History-** This form must be signed by your Health Care Provider
- **Form C- Initial TB Screen and Symptom Survey-** If you have a history of **positive PPD or IGRA test** this form must be signed by your provider

- **Form F -Authorization for Release of Communicable Disease Clearance Information to Clinical Rotation-**  
Please be sure to sign for clinical rotations
- **Immunization Records** - (copies preferred) Please make sure your name is on the document. **Clear and legible copies of your immunizations** only will be accepted (aka, vaccination, shot, or childhood disease records).
- **Laboratory Results** (serum blood titers) -Titers can be **no more than 5 years old**, must be reported in quantitative results and on laboratory letterhead.
- **Health Insurance – All students are required to have Health Insurance that complies with Touro requirements. Please see information on the Student Health Insurance Webpage!** You may sign up for the Student Health Insurance Plan or use your personal Touro-compliant Health Insurance. You must submit documentation of your current health insurance card OR proof of coverage. Both sides of your card are required by 8/01 of your first year. Please see further information about Health Insurance on the Student Health Insurance webpage.

#### Upon Matriculation

- **Flu Vaccine** – An influenza vaccination is required for the current season during the year of matriculation by November 1<sup>st</sup> then it is required annually by November 1<sup>st</sup>. Student Health provides free mandatory annual flu vaccinations in mid to late October.
- **BLS CPR Certification** – First year students will attend BLS CPR classes on campus during their first year after matriculation and may upload this information to their Certified Profile account when completed.

All forms A through F including all immunization records and serum titers must be submitted to Certified Profile no later than 60 days after your acceptance letter. **Clear and legible copies of your immunizations only will be accepted** (aka, vaccination, shot, or childhood disease records). Any additional protected health information (PHI) will be handled in compliance with HIPAA regulations.

You may obtain required forms by going to the Student Health Forms webpage or to the Certified Profile website.

For more detailed information about requirements or further questions about requirements, the CastleBranch Service Desk at 888-723-4263 ext. 7196 which is available 5:00 am to 5:00 pm or email CastleBranch at [servicedesk.cu@castlebranch.com](mailto:servicedesk.cu@castlebranch.com) .

You may also contact:

#### Student Health Center

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Bldg. H-89 Suite 1537  
Vallejo, CA 94592

E-mail: [tuc.studenthealth@tu.edu](mailto:tuc.studenthealth@tu.edu)

Phone: 707-638-5220 Fax: 707-638-5261